POWER2ADAPT®
ATHLETIC DEVELOPMENT & PERFORMANCE TRAINING.

Coaching Fee Schedule

All prices + GST

Group & Individual Sessions

Group classes	**$30 + GST / class**
1-on-1 session – junior	**$90 + GST**
1-on-1 session – adult	**$100 + GST**
2-on-1 session	**$150 + GST**

Monthly Memberships

Weekly coaching (1 session/week)	**$100 + GST / month**
Online-only coaching	**$100 + GST / month**
Unlimited coaching – Senior & HP squads	**$50 + GST / week or $200 + GST / month**

Includes Final Surge, coaching apps & VALD testing

Schools & Clubs

School group coaching	**$150–$200 + GST / hour***
VALD performance testing	**$55 + GST / person****

* Depending on the number of students. ** Minimum 10 participants.

Sibling, referral and loyalty discounts available – just ask!

Book sessions: power2adapt.setmore.com · Join a membership: power2adapt.coach

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